

TWO BEST PRACTICES OF THE INSTITUTION FOR THE YEAR 2018-19

1. Title of the Practice: Morning Assembly

2. Objectives of the Practice: The morning assembly was practiced right from the beginning of institution in 2019. Initially its intention was to begin each day, invoking the blessings of the almighty God. After the prayer, a message will be delivered by one of the faculty members. Later, students were given the opportunity to deliver the message.

3. The Context: The College has staff and students from various faiths and religious backgrounds. Gathering all of them, for a prayer session was difficult because of the diversity of faiths. This issue was addressed by formulating a prayer that is religion-neutral. Later we also introduced the college anthem in this.

4. The Practice: The practice of all staff and students coming together, starting the day with a prayer, message by the students, singing the college anthem and also practicing few minutes of yoga breathing is unique. This practice helps the institution to achieve its vision of making its students spiritually mature. Everyone realizes the benefits of starting the day with a spiritual note. Daily practice of the same helps everyone to be better concentrated in their academic activities.

5. Evidence of Success: The practice of all coming together for morning assembly, reciting a prayer, giving a message for the day, singing the college anthem and practicing yoga breathing has been found very successful. The aim of this practice was to inculcate a sense of the divine among the staff and students. We have noticed that the entire college community is eager to continue this practice. There is a serene atmosphere in the campus, partly due to this practice.

6. Problems Encountered and Resources Required: This best practice was started in 2019. Since our college is having many religious faiths, we face difficulty in selecting a neutral prayer. We required a portable mice set for this activity.

7. Notes (Optional): The practice of inculcating a sense of spirituality coupled with social sensitization improves the caliber of the students. They become useful to the society on completing their program. Hence we recommend such practices to all centres of higher education.